

SSES Amt,s Science College, Congress Nagar,Nagpur

Alumni Association

Notice

All students and faculties are requested to attend the lecture on Effective Communication.

Guest Speaker- Dr. Sonika Kochhar ,Alumnus of Shivaji Science College, Nagpur

& Asso. Professor, NIT, Nagpur

Date and Time- 09/04/2025 at 11 am

Venue - Dept. of Chemistry

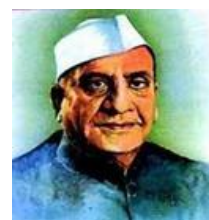
06/04/2025

Nagpur



Convener

Alumni Association



SSSES Amt's Science College, Congress Nagar, Nagpur

Alumni Association

Report

Lecture on Effective Communication

Date: 9th April 2025

Time: 11am

Venue: C2, Dept. Of Chemistry, Shivaji Science College, Nagpur

The Alumni Association organized a lecture on "Effective Communication" to enhance the communication abilities of students and faculty members, fostering personal and professional growth.

Dr. Sonika Kochhar, Asso Prof., NIT ,Nagpur esteemed alumnus, delivered the lecture, sharing valuable insights and experiences.

The lecture focused on the importance of effective communication in personal and professional settings, verbal and non-verbal communication techniques, active listening and conflict resolution strategies, and overcoming communication barriers and challenges.

Dr. Kochhar narrated that Communication is a two-way process, requiring both effective speaking and listening skills.

She added that Non-verbal cues, such as body language and tone, significantly impact communication not only this but Empathy, clarity, and concision are also essential for effective communication.

The lecture witnessed enthusiastic participation from students, faculty members, and alumni.

The attendees praised the lecture, highlighting its informative and engaging content. They appreciated the real-world examples and anecdotes shared by the speaker.

In fact The lecture on communication skills was a resounding success, providing valuable lessons and insights to the attendees. The Alumni Association is committed to organizing more such events, promoting holistic development and knowledge .

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Dr.Kochhar narrated that Communication is a two-way process, requiring both effective speaking and listening skills.

She added that Non-verbal cues, such as body language and tone, significantly impact communication not only this but empathy, clarity, and concision are also essential for effective communication.

Dr.Rashmi Urkude,Convener made introductory remarks. She also narrated the objectives for organising such lectures by Alumni Association. She also meticulously organised this lecture. The Alumni Association is committed to organizing more events that promote holistic development and knowledge . Dr. Shubhangi Kene proposed a vote of thanks, while the proceedings of the program were carried out by Ms.Shivani Sharma.



Dr. Rashmi Urkude

Convener- Alumni Association

SSES Amt's Science College, Congress Nagar, Nagpur

Lecture on Effective Communication

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Alumni Association

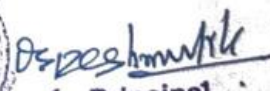
Action Taken Report

Dr. Sonika Kochhar, Asso. Prof., NIT ,Nagpur ,esteemed alumnus, delivered the lecture, sharing valuable insights and experiences through program entitled, "Effective Communication" on 09/04/2025 at Dept. of chemistry, Shri. Shivaji Science College, Nagpur.

Total 81 student and faculty members benefited from the program. They were equipped with effective communication skills. The lecture emphasised the importance of effective communication in both personal and professional settings, covering verbal and non-verbal communication techniques, active listening, and conflict resolution strategies, as well as strategies for overcoming communication barriers and challenges.


IQAC Coordinator
Science College,
Congress Nagar Nagpur




Principal
S.S.E.S. Amravati's
Science College, Nagpur.





**Dr. Sonika Kochhar, Asso. Prof., NIT ,Nagpur ,esteemed alumnus,
delivered the lecture on “Effective Communication”**

Date: 09/04/25






SSES Amt's Science College, Congress Nagar, Nagpur

Lecture on Effective Communication


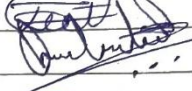


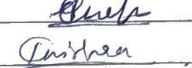
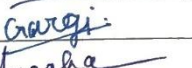
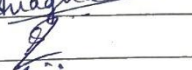
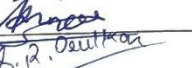
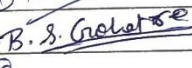

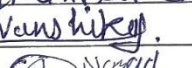
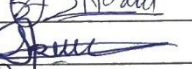
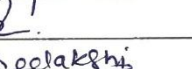
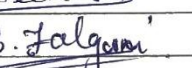
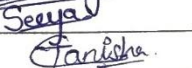
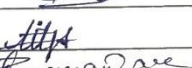
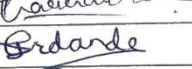

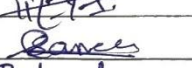
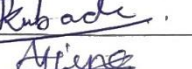
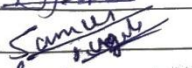
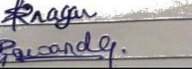






Organised by

Alumni Association

①	Rohita v. Pardhi	P. Pardhi
②	pranjy A. Ambule	P. Ambule
③	Janvi U. Fating	J. Fating
④	Gauri Masare	G. Masare
⑤	Muskan kumbhaze	M. Kumbhaze
⑥	Afreen Ansari	A. Ansari
7	Abhishek Khonde	A. Khonde
8	Janaya Lanjewar	J. Lanjewar
9	Janu Sindurkar	J. Sindurkar
10	Nikhil P. P. P. P.	N. P. P. P.
12	Pradnya Apte	P. Apte
12	Samruddhi Dhok	S. Dhok
13	Rhutyaj Dhavne	R. Dhavne
14	Safura Mirza	S. Mirza
15	Samiksha Wankhede	S. Wankhede
16	Poojakta Katke	P. Katke
17	Pratiksha Sonkusare	P. Sonkusare
18	Neha Lonare	N. Lonare
19	Dulgeshwari S. Teipathi	D. Teipathi
20	Sanskriti Marge	S. Marge
21	Achal Bawne	A. Bawne
22	Shruti Kiwan	S. Kiwan
23	Shoushti Ninawe	S. Ninawe
24	Vanashita Charde	V. Charde
25	Parvati Shahy	P. Shahy
26	Prachi Grame	P. Grame
27	Divyani Pise	D. Pise

	Name of Student/faculty	Sign
28)	Shreyash. S. Khare	
29)	Reshal Deshmukh	
30)	S.V. Dautpne	
31)	Dr. V. R. Kinkhori	
32)	M. A. D. Unkuole	

S.N.	Name	Sign
37]	Konark. M. Shahu	<u>Konark</u>
38]	Piyush. R. Kubade	<u>P.R. Kubade</u>
39]	Rohit M. Sawarkar	<u>Sawarkar</u>
40]	Jamyir Dake	<u>Jamyir</u>
41]	Nayan. S. Koli	<u>N. S. Koli</u>
42]	Rujuta D. Gundedwar	<u>Rujuta</u>
43]	Rutuja A. Bandhale	<u>R. Bandhale</u>
44]	Pradnya. M. Tumsarkar	<u>Pradnya</u>
45]	Mayur. M. Wagh.	<u>Mayur</u>
46]	Sanjali Kishor Nande	<u>Sanjali</u>
47]	Riddhi Meshram	<u>R. Meshram</u>
48]	Anandi. A. Sangamwar	<u>Anandi</u>
49]	Ishika S. Sircat	<u>Ishika</u>
50]	Anisha Khan	<u>Anisha</u>
51]	Astha A. Singh	<u>Astha</u>
52]	Sarah. A. Ali	<u>Sarah</u>
53]	Supriya - V. Shinde	<u>Supriya</u>
54]	Ashwini B. Kondagale	<u>Ashwini</u>
55]	Anjali Nareesh Bomkar	<u>Anjali</u>
56]	Rudranshu. R. Wankhede	<u>Rudranshu</u>

S.N.	Name	Sign
1)	Piyush S. Hadke	
2)	Jeet Hemendra Kailthruscu	
3)	Om Vinendra Deotale	
4)	Bhauika Nandkishor Kolhe	
5)	Jayesh Rajesh Karmare	
6)	Nikhi Sachin Dandekar	
7)	Aanya Mahesh Nagarkar	
8)	Pratyaksha Rajesh Mishra	
9)	Gargi S. Bangale	
10)	Anagha H. Deedhay	
11)	Saksham P. Chauravia	
12)	AMAN. D. MORE	
13)	Snagun Deulkar	
14)	Bhakti Gohatre	
15)	Aanya Jainwal	
16)	Vedika Laxman Kannalke	
17)	Vanshika gowt	
18)	Sushree Nandl	
19)	SONAM M. PAWAR	
20)	Bhagyashree Deogade	
21)	Neelakshi Chichmalkar	
22)	Falguni R. Babre	
23)	Seeya V. Ghose	
24)	Tanisha T. Nagolir	
25)	Aditya A. Bagde	
26)	Ronik R. Nannandane	
27)	Ishika C. Idande	
28)	Rutuja A. Abhokar	
29)	Ajeeta S. Agnihotri	
30)	Sameer L. Nikhade	
31)	Prityanshu D. Kubade	
32)	Mayur P. Tunghare	
33)	Samir D. Jugti	
34)	Spreshika Ravi Magu	
35)	Vanshika Pramod Gawande	

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Feedback Form

On

Effective Communication

Speaker Dr. Sonika Kochhar

Associate Professor, NIT, Nagpur

Date-09/04/2025

Venue-Dept of Chemistry

1. How would you rate the overall quality of the program?

a) Poor b) Average c) Good ☒ d) Excellent

2. Did the program meet your initial expectations?

☒ a) Yes b) Fair c) reasonably good d) No

3. Content of the talk will be useful for you in future?

a) Disagree b) Neutral ☒ c) Agree d) Strongly agree

4. Were the speaker Knowledgeable and engaging?

a) Poor b) Average ☒ c) Good d) Excellent

5. Would you recommend this program to a colleague or friend?

☒ a) Yes b) No c) May be

6. Would you suggest to be conducted such type of program in future?

☒ a) Yes b) No c) May be

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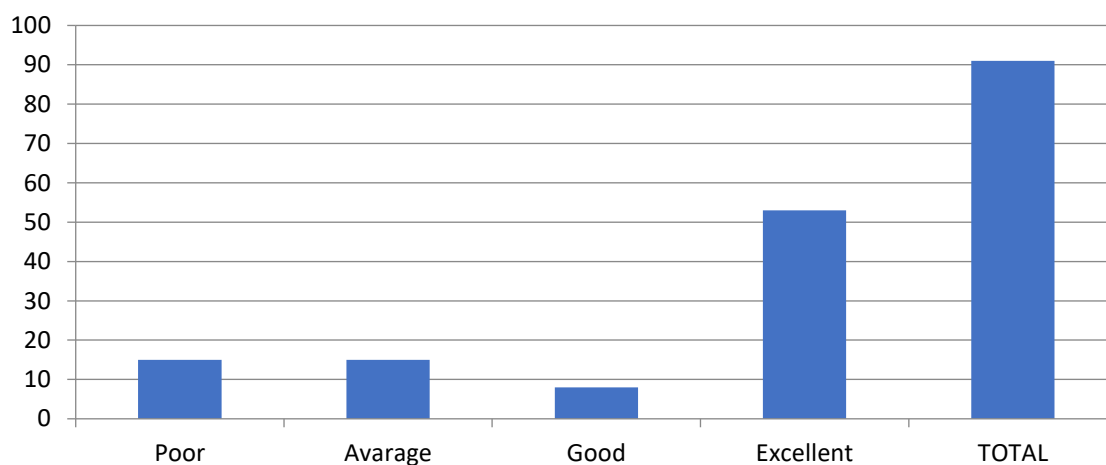
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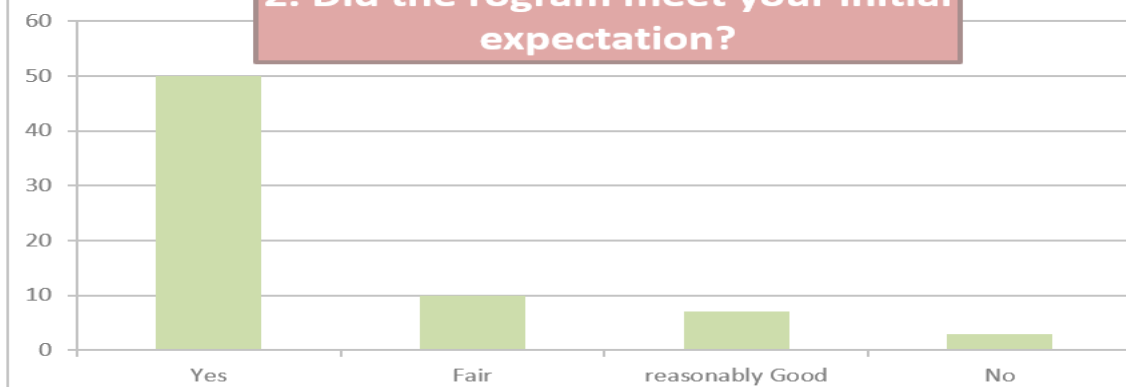
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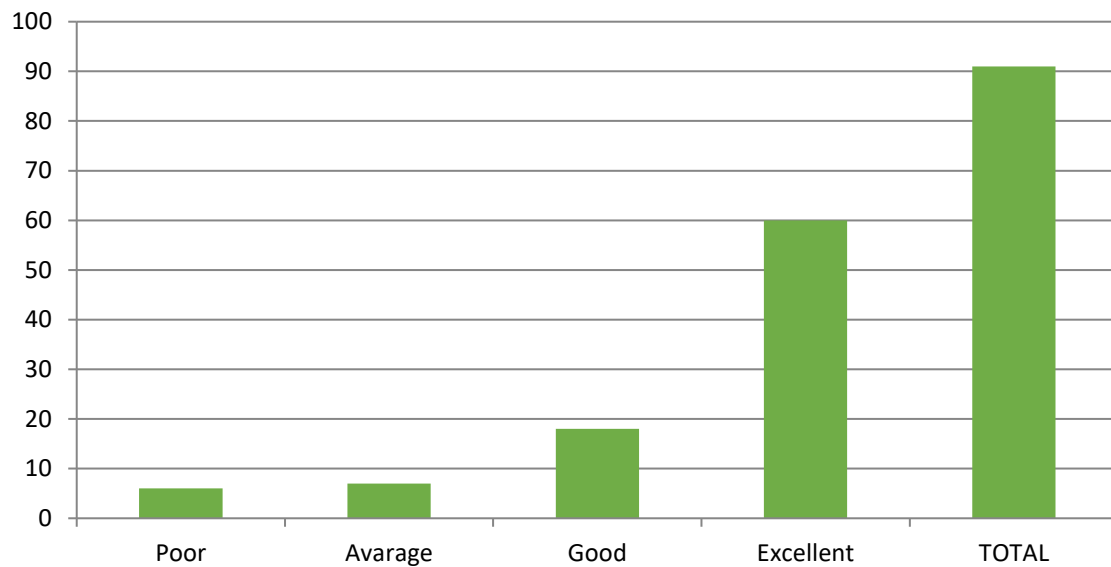
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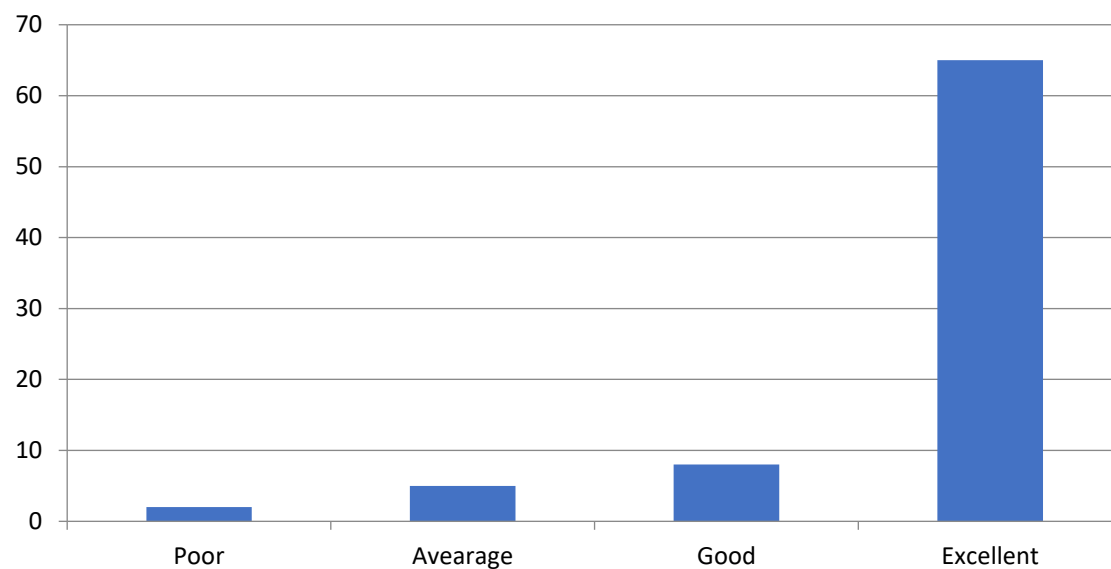
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