

Notice

SHRI SHIVAJI EDUCATION SOCIETY AMRAVATI'S
SCIENCE COLLEGE, CONGRESS NAGAR, NAGPUR

Department of Zoology

Notice

The Students of UG/PG are hereby informed that they should attend the " Nutrition Week program" will be organized on Dated : 28 /09/2023

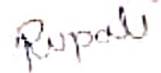
Venue- Zoology Department Laboratory/ Conference hall

Time: 10:30



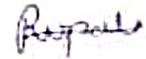
Head

Prof. A. D. Bobdey



Convener

Dr. Rupali Patil Bhagat



Brochure



Dr Panjabrao Alias Bhamburda Deshmukh's 125th Birth Anniversary Year
Rashtrasant Tukadoji Maharaj Nagpur University Centenary Year

SSES AMRAVATI
SCIENCE COLLEGE
CONGRESS NAGAR, NAGPUR-12

Accredited by NAAC Bangalore with CGPA 3.51 and A+ Grade, A College with Potential for Excellence, Member of Asia Pacific Quality Network, Recognized center for Higher Learning and Research, Mentor college under Paramarsh Scheme.



Free Participation

HEALTHY DIET PRACTICES AFFORDABLE TO ALL

DEPARTMENT OF ZOOLOGY
Under Ageis of IQAC
Organizes
INTERCOLLEGIATE COMPETITION



Date :-
08/09/2023

1) Poster Competition on Nutrition and Health (9.30 AM to 12.00 PM)
2) Healthy Dish Competition (9.30 AM to 12.00 PM)
3) Nutrition Counseling Program – By Dr. Geetanjali Khare
(Nutritionist, SUSHRUT Institute of Medical Sciences Nagpur.) (1.00 PM to 2.00 PM)

For free registration contact to Convener, Co-convener and members.

Chairman – Prof. M. P. Dhore Principal	Convener – Dr. Mrs. Rupali Patil Bhagat, 9420958248 Co-Convener – Dr. Mrs. Seema Kadu, 9420956743 Members – Dr. Ms. Sharyu Ghonmode, 9822929393 Ms. Khushboo Sheikh, 7030572786 Dr. Shilpa Katre, 8308222461
Head of the Dept- Prof. A. D. Bobdey	

To,
The Principal
Shri Shivaji Science College,
Nagpur

Subject: Permission to Conduct Nutrition Week Celebration Activity.

Respected sir,

This is to request you that the Nutrition Week activity is routine activity of Zoology Department. So please grant us permission to conduct the programme.

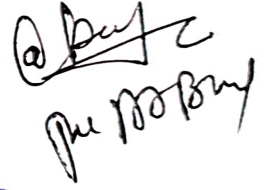
Please do the Needful and Oblige.

Thanking you
Faithfully

Date:- 25/09/2023

Place:- Nagpur

Yours



Dr. A. D. Bobdey
Professor & Head
Department of Zoology,
Shri Shivaji Science College,
Congress Nagar, Nagpur-462012.



Shri Shivaji Science College, Congress Nagar, Nagpur

Department Of Zoology

Session: 2023-2024

Nutrition Week Celebration



Date: 28/9/2023

Venue: Zoology laboratory and Conference Hall

Organized by: Department of Zoology, Shivaji Science College, Congress Nagar, Nagpur

Department of Zoology, Shri Shivaji College of Science, Nagpur celebrated 'NUTRITION WEEK CELEBRATION-2023'. On the theme- "Healthy Diet Habits Affordable to All ". A grand program was organized to mark the 125th Dr. Punjabrao Deshmukh Jayanti and centenary year of Rastrasant Tukdoji Maharaj Nagpur University.

The program started by tree plantation (At Sri Shivaji School and Junior College, Ganeshnagar, Nagpur), in which the students of the school, along with the students of the college (UG and PG) participated. Convener- Dr. Rupali Patil Bhagat (Tale), Assistant Professor, Department of Zoology, Shri Shivaji Science College, Nagpur, explained the importance of awareness about nutrition to the students of the school. On this occasion Dr. R. U. Khope (Head of Chemistry Department) and Head of Zoology Department Prof. A.D. Bobdey has delivered a speech on nutritional advice to school children. Headmaster MR. Mural sir presided over the function. On this occasion nutritional food items and fruits were distributed among the school children.

A guest lecture was organized on this occasion. **Dr. Mrs. Gitanjali Khare**, famous dietician (Sushrut Institute of Medical Sciences Nagpur) - was the guest speaker who emphasised on 'Healthy Food Habits to protect from diseases and healthy life'. She also suggested possible ways to naturally consumption food for calcium, Iron, Vit.D&B₁₂. All the staff and students appreciated the lecture.

Hon'ble Principal Prof. M.P. Dhore preside over the programme and said this nutrition counselling lecture may helpful for the students in their future life.

Department also organised a Intercollegiate Healthy Dish Competition and Poster With Slogan Writing Competition for UG and PG Students - to spread awareness among the students and society about healthy food habits and nutritive values in our diet. Dr M. P. Dhore, Principal has observed the dishes and posters prepared by students and in his address, he advised to eat healthy food. Head, Department of Zoology Prof. A. D. Bobdey stressed on the good eating habits. The students of 7 colleges participated in the competitions. The programme was organised by **Convener- Dr Rupali Patil Bhagat**, Assistant Professor, Department of Zoology. Prof. S.V. Ghonmode, Dr S. G. Kadu, Dr. S. K.Katre, Ms.Khushboo Sheikh, non-teaching staff and students (UG and PG) of Hislop College,D.B.Sindhu Mahavidyalaya, Sevalal Mahavidyalaya, Somalwar Nikalas Mahila College,V.M.V. were prominently present on this occasion.

Poster Competition

First Prize- Ms. Bhumika Mounekar (D.B. Sindhu College, Nagpur)

2nd Prize- Ku. Vanushka Ghore (Shri Shivaji Vidyana College, Nagpur)

3rd Prize- Ku. Divyani Waghade (Sevadal College, Nagpur)

Consolation Prize- Mrs. Pooja Agalave (Somlwar Nikalas College, Nagpur)

Nutrition Dish Competition-

1st Prize- Devendra Giri (Shri Shivaji Science College, Nagpur)

2nd Prize- Ms. Piya Deulkar (D.B. Sindhu College, Nagpur)

3rd Prize- Ku. Radha Somkuwar (Shri Shivaji Science College, Nagpur)


Consolation Prize- Ku. Tanushree Zunzunkar (Shri Shivaji Science College, Nagpur)

For the program to be successful, Prof. A. D. Bobde, Dr. Rupali Patil Bhagat, Prof. SV. Ghonmode, Dr. S.J. Kadu, Dr. S.K. Katre, Ms. Khushboo Sheikh worked hard and teachers, students (UG and PG), non-teaching staff were mainly present on this occasion. The program was concluded by National Anthem.

ACTION REPORT:

The Nutrition Week Celebration 2023 was a successful and impactful event. It achieved its objectives of raising awareness, promoting healthy eating, and engaging students creatively. Students demonstrated creativity and critical thinking in their dish preparations and poster designs, effectively conveying important messages about nutrition. The Department of Zoology at Shri Shivaji Science College, Nagpur, effectively organized the event, providing valuable insights and practical knowledge to all attendees.

HOD



Prof. A.D Bobdey

Dr. A. D. Bobdey
Professor & Head
Department of Zoology,
Shri Shivaji Science College,
Congress Nagar, Nagpur-42.

CONVENOR



Dr. R.P Bhagat



Day 1: Tree Plantation. Guest Lecture by Convener and distribution of fruits and nutritive food to sc



Inauguration of program by the hand of Prof. M.P. Dhore, Principal, Shri Shivaji Science College, Congress Nagar, Nagpur



Poster competition



Healthy Dish Competition



Millet thali made by Mr. Devendra Giri (CBZ SEM V)



Guest lecture by Dr. Geetanjali Khare (Nutritionist) and prize distribution ceremony



शिवाजी विज्ञान महाविद्यालयात राष्ट्रीय पोषण सप्ताह



नागपूर : निरोगी जीवनासाठी आरोग्यदायी व नैसर्गिक आहाराच्या सवयी आवश्यक आहेत. शरीरात कॅल्शियम, लोह, जीवनसत्त्व डी आणि बी-१२ यांची गरज नैसर्गिक अन्नातून शक्य आहे, असा संदेश आहारतज्ज्ञ डॉ. गीतांजली खरे यांनी दिला. राष्ट्रीय पोषण सप्ताहअंतर्गत श्री शिवाजी विज्ञान महाविद्यालयाच्या प्राणिशास्त्र विभागात 'पोषण सप्ताह उत्सव' साजरा करण्यात आला. १२५ वी डॉ. पंजाबराव देशमुख जयंती व राष्ट्रसंत तुकडोजी महाराज जन्मशताब्दी निमित्त हे आयोजन होते. प्राचार्य डॉ. एम. पी. ढोरे यांनी निरोगी अन्न खाण्याचा सल्ला दिला. विद्यार्थी व प्राध्यापकांच्या उपस्थितीत वृक्षारोपणाने कार्यक्रमाची सुरुवात झाली. विद्यार्थ्यांमध्ये पोषण आहाराविषयी जागृती करण्यात आली. यावेळी प्राणिशास्त्र विभागाचे प्रमुख प्रा. ए. डी. बोबडे, सहयोगी प्राध्यापक डॉ. रूपाली पाटील-भगत, रसायनशास्त्र विभागप्रमुख डॉ. आर. यू. खोपे, मुख्याध्यापक मुरळ, डॉ. एस. जे. कडू, ग्रंथपाल डॉ. डाखोळे उपस्थित होते. त्यानंतर पोस्टर बनविणे स्पर्धा, पोषण आहार थाली स्पर्धाचे आयोजन करण्यात आले. विविध महाविद्यालयाच्या विद्यार्थ्यांनी सहभाग घेतला. परीक्षक डॉ. प्राची लांबट व प्रा. पुनिता तिवारी होत्या. स्पर्धेत विजेता विद्यार्थ्यांना पारितोषिक प्रदान करण्यात आले. आयोजनात प्रा. एस. व्ही. घोनमोडे, डॉ. एस. के. कटरे, खशब शेख आदींचा सहभाग होता.

Participant list

Healthy Diet				Signature	Marking
Sr. No.	Name of the Students	Name of the Colleges			
1 st year - CMC-B	Leemisha Ghubade ✓	Shivaji Science	✓		
1 st year - B4	Abhissha Sahoo ✓	Shivaji Science	✓		
1 st year - CMC	Khushi Rahane ✓	Shivaji Science	✓		
1 st year - CMC	Manikha Dehankar ✓	Shivaji Science	✓		
1 st year - CMC	Sampada Raje ✓	Shivaji Science	✓		
1 st year - PCG	Yugansh Kanaje ✓	Shivaji Science	✓		
	Shahina Sheikh ✓	Shivaji Science	✓		
1 st year - CMC	Mansi Garjshwar ✓	Shivaji Science	✓		
	Kitika Utkar ✓	Shivaji Science	✓		
1 st year - B1	Tutika Zade ✓	Shivaji Science	✓		
	Priyanka Sahu ✓	Shivaji Science	✓		
	Bharti Sahu ✓	Shivaji Science	✓		
2 nd year - B3	Satini Jaiswal ✓	Shivaji Science	✓		
2 nd year - B3	Sneha Bhongade ✓	Shivaji Science	✓		
2 nd year - B3	Payal Chatap ✓	Shivaji Science	✓		
2 nd year - B4	Umakanti Baghel ✓	Shivaji Science	✓		
2 nd year - B4	Tanushree Manapure ✓	Shivaji Science	✓		
2 nd year - B4	Devyani Walker ✓	Shivaji Science	✓		
2 nd year - B4	Avanti Pusdekar ✓	Shivaji Science	✓		
2 nd year - B4	Rashika Patil ✓	Shivaji Science	✓		
2 nd year - B4	Isha Kolhatkar ✓	Shivaji Science	✓		
2 nd year - B4	Pranvi Mohadikar ✓	Shivaji Science	✓		
2 nd year - B4	Pradnya Arvind Apti ✓	Shivaji Science	✓		
2 nd year - CMC - B1	Radha Somkuwar ✓	Shivaji Science	✓		
2 nd year - CMC - B3	Devendra Giri ✓	Shivaji Science	✓		
1 st year (BSC) - B2	Hasina Ahmed Khan ✓	Sewadal Mahila Mahavidyalaya	✓		
1 st year (BSC) - B2	Nabiha Fatema Md. Shahzad ✓	Sewadal Mahila Mahavidyalaya	✓		
1 st year - B2	Khushi Gedam ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Shifa Kausar Javed Sheikh ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Bhumika Moundekar ✓	Sindhu Mahavidyalaya	✓		
1 st year (BSC) - B2	Arshita Gajbiye ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Pratiksha Tote ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Tamiya Ansari ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Ujjwala Nandeshwar ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Kamini S. Neware ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Nameera Ansari ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Ritika Chharia ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Riga Pawlhan ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Rohit Nikhane ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Prathmesh Kalnisay ✓	Sindhu Mahavidyalaya	✓		
1 st year - B2	Shikha Phole ✓	Shivaji Science	✓		
1 st year (BTS) - B2	Pooja V. Aglawe ✓	Nikalas Mahila	✓		
1 st year (BFO) - B2	Grargi N. Tamhankar ✓	Nikalas Mahila	✓		

44	Tanushree R. Chaudhary	Shivaji Science College	
45	Arantika R. Chaudhary	Sewadal Mahila Mahavidyalaya	
46	Vishaka Khani	Shivaji Science College	
47	Shikha Pawlhan	Shivaji Science College	

Healthy Diet

No.	Name of the Student	Name of the College	Signature	Mark
1	Arjun Kumar	Group Science		
2	Arjun Kumar	Group Science		
3	Arjun Kumar	Group Science		
4	Arjun Kumar	Group Science		
5	Arjun Kumar	Group Science		
6	Arjun Kumar	Group Science		
7	Arjun Kumar	Group Science		
8	Arjun Kumar	Group Science		
9	Arjun Kumar	Group Science		
10	Arjun Kumar	Group Science		
11	Arjun Kumar	Group Science		
12	Arjun Kumar	Group Science		
13	Arjun Kumar	Group Science		
14	Arjun Kumar	Group Science		
15	Arjun Kumar	Group Science		
16	Arjun Kumar	Group Science		
17	Arjun Kumar	Group Science		
18	Arjun Kumar	Group Science		
19	Arjun Kumar	Group Science		
20	Arjun Kumar	Group Science		
21	Arjun Kumar	Group Science		
22	Arjun Kumar	Group Science		
23	Arjun Kumar	Group Science		
24	Arjun Kumar	Group Science		
25	Arjun Kumar	Group Science		
26	Arjun Kumar	Group Science		
27	Arjun Kumar	Group Science		
28	Arjun Kumar	Group Science		
29	Arjun Kumar	Group Science		
30	Arjun Kumar	Group Science		

Healthy Diet

No.	Name of the Student	Name of the College	Signature	Mark
31	Arjun Kumar	Group Science		
32	Arjun Kumar	Group Science		
33	Arjun Kumar	Group Science		
34	Arjun Kumar	Group Science		
35	Arjun Kumar	Group Science		
36	Arjun Kumar	Group Science		
37	Arjun Kumar	Group Science		
38	Arjun Kumar	Group Science		
39	Arjun Kumar	Group Science		
40	Arjun Kumar	Group Science		
41	Arjun Kumar	Group Science		
42	Arjun Kumar	Group Science		
43	Arjun Kumar	Group Science		
44	Arjun Kumar	Group Science		
45	Arjun Kumar	Group Science		
46	Arjun Kumar	Group Science		
47	Arjun Kumar	Group Science		
48	Arjun Kumar	Group Science		
49	Arjun Kumar	Group Science		
50	Arjun Kumar	Group Science		

Healthy Diet

No.	Name of the Student	Name of the College	Signature	Mark
51	Arjun Kumar	Group Science		
52	Arjun Kumar	Group Science		
53	Arjun Kumar	Group Science		
54	Arjun Kumar	Group Science		
55	Arjun Kumar	Group Science		
56	Arjun Kumar	Group Science		
57	Arjun Kumar	Group Science		
58	Arjun Kumar	Group Science		
59	Arjun Kumar	Group Science		
60	Arjun Kumar	Group Science		
61	Arjun Kumar	Group Science		
62	Arjun Kumar	Group Science		
63	Arjun Kumar	Group Science		
64	Arjun Kumar	Group Science		
65	Arjun Kumar	Group Science		
66	Arjun Kumar	Group Science		
67	Arjun Kumar	Group Science		
68	Arjun Kumar	Group Science		
69	Arjun Kumar	Group Science		
70	Arjun Kumar	Group Science		

Healthy Diet

No.	Name of the Student	Name of the College	Signature	Mark
71	Arjun Kumar	Group Science		
72	Arjun Kumar	Group Science		
73	Arjun Kumar	Group Science		
74	Arjun Kumar	Group Science		
75	Arjun Kumar	Group Science		
76	Arjun Kumar	Group Science		
77	Arjun Kumar	Group Science		
78	Arjun Kumar	Group Science		
79	Arjun Kumar	Group Science		
80	Arjun Kumar	Group Science		
81	Arjun Kumar	Group Science		
82	Arjun Kumar	Group Science		
83	Arjun Kumar	Group Science		
84	Arjun Kumar	Group Science		
85	Arjun Kumar	Group Science		
86	Arjun Kumar	Group Science		
87	Arjun Kumar	Group Science		
88	Arjun Kumar	Group Science		
89	Arjun Kumar	Group Science		
90	Arjun Kumar	Group Science		

Shri Shivaji Education Society Amravati's
Science College Congress Nagar, Nagpur

Zoology Department Program Feedback Form

We hope you enjoyed our program. Please take a moment to share your thoughts with us.

Personal Information

1. **Name:** _____
2. **Email:** _____
3. **Program:** _____
4. **Date:** _____

Program Evaluation

- **Overall, how satisfied were you with the program?**
 - ☐ Very Satisfied
 - ☐ Satisfied
 - ☐ Neutral
 - ☐ Dissatisfied
- **How relevant was the content of the program to your needs?**
 - ☐ Extremely Relevant
 - ☐ Very Relevant
 - ☐ Somewhat Relevant
 - ☐ Not so Relevant
- **How would you rate the quality of the instruction?**
 - ☐ Excellent
 - ☐ Good
 - ☐ Average
 - ☐ Poor
- **Was the program length:**
 - ☐ Too Long
 - ☐ Just Right
 - ☐ Too Short
- **How likely are you to recommend this program to others?**
 - ☐ Very Likely
 - ☐ Likely
 - ☐ Neutral
 - ☐ Unlikely

Open-Ended Questions

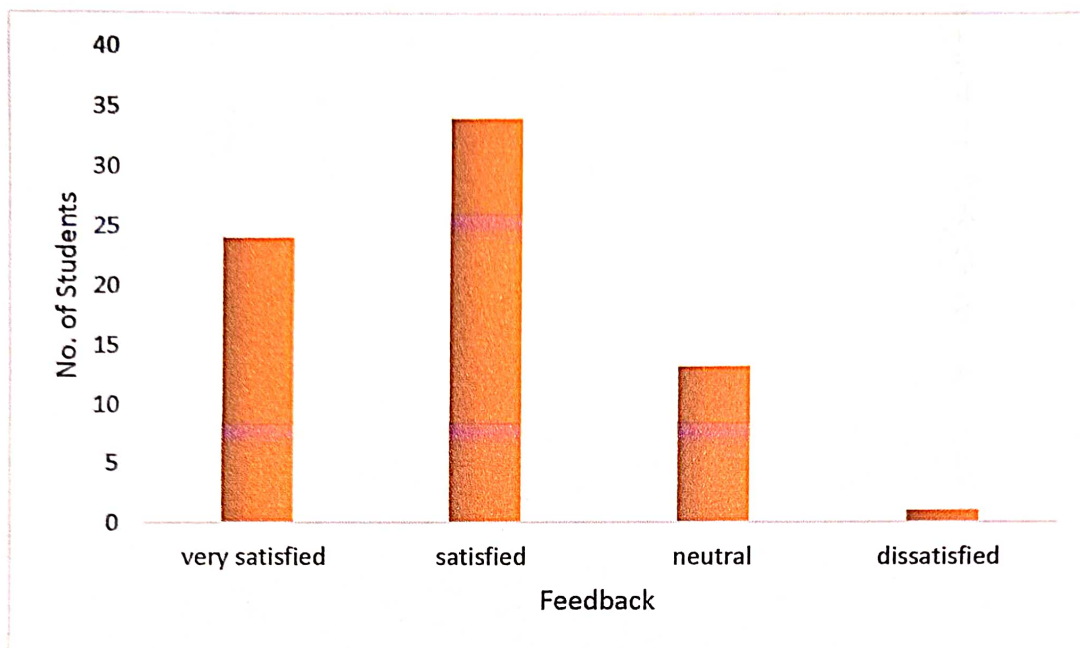
- **What did you like most about the program?** _____
- **What did you like least about the program?** _____
- **Do you have any suggestions for improving the program?**

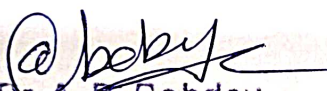
Additional Comments

- **Please share any additional comments or suggestions below:**

Feedback


Feedback from participants was overwhelmingly positive. Many students appreciated the informative lecture and the opportunity to participate in the poster competition.




Dr. A. D. Bobdey
Professor & Head
Department of Zoology,
Shri Shivaji Science College,
Congress Nagar, Nagpur-46.


IQAC Coordinator
Science College,
Congress Nagar Nagpur




Principal
S. S. E. S. Amravati's
Science College, Nagpur.