

**Shri Shivaji Education Society Amravati's**  
**SCIENCE COLLEGE, CONGRESS NAGAR, NAGPUR**

**Session 2024 – 2025**

**National Cadet Corps**

**Organised “International Day of Yoga”**

**2024 Theme: Yoga for self and society**

**Date: 21st June. 2024**

**Time: 7.30 am**

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Yoga is a physical, mental and spiritual practice that originated in India.

International day of yoga commonly referred as YOGA DAY is celebrated annually on 21 June, since its inception in 2015. Every year International Day of Yoga is celebrated in Shivaji Science College, Congress Nagar, Nagpur. This year also YOGA DAY was celebrated on 21 June 2024 to raise awareness among people about the benefits of yoga in daily life.

The **International Day Of Yoga (IDY 2024-2025)** held on 21<sup>st</sup> June 2024. This year marks the 10th International Day of Yoga with the theme “Yoga for Self and Society.” Yoga, a transformative practice, represents the harmony of mind and body, the balance between thought and action, and the unity of restraint and fulfilment. It integrates the body, mind, spirit, and soul, offering a holistic approach to health and well-being that brings peace to our hectic lives. Its power to transform is what we celebrate on this special day. College had organised a Yoga asana event in the college premises. Hon’ble Officiating Principal Prof. S.R. Pande sir along with teaching faculty members and NCC cadets has actively participated.



43HJ+8WF, Humpyard Rd, Congress Nagar, Dhantoli, Nagpur, Maharashtra 440012, India

Latitude  
21.12828662°

Longitude  
79.08217395°

Local 07:35:14 AM  
GMT 02:05:14 AM

Altitude 310 meters  
Friday, 21.06.2024

Note : NSS Camp 2024 at Fetri  
Shivaji Science College, Nagpur



43HJ+8WF, Humpyard Rd, Congress Nagar, Dhantoli, Nagpur, Maharashtra 440012, India

Latitude  
21.12828666°

Longitude  
79.08217379°

Local 07:35:26 AM  
GMT 02:05:26 AM

Altitude 310 meters  
Friday, 21.06.2024

Note : NSS Camp 2024 at Fetri  
Shivaji Science College, Nagpur









GPS Map  
Camera Lite



43HJ+8WF, Humpyard Rd, Congress Nagar, Dhantoli, Nagpur, Maharashtra 440012, India

Latitude  
21.12826795°

Longitude  
79.08212019°

Local 07:47:00 AM  
GMT 02:17:00 AM

Altitude 310 meters  
Friday, 21.06.2024

Note : NSS Camp 2024 at Fetri  
Shivaji Science College, Nagpur



GPS Map  
Camera Lite



43HJ+8WF, Humpyard Rd, Congress Nagar, Dhantoli, Nagpur, Maharashtra 440012, India

Latitude  
21.12826481°

Longitude  
79.0821183°

Local 07:55:22 AM  
GMT 02:25:22 AM

Altitude 310 meters  
Friday, 21.06.2024

Note : NSS Camp 2024 at Fetri  
Shivaji Science College, Nagpur





GPS Map  
Camera Lite



43HJ+8WF, Humpyard Rd, Congress Nagar, Dhantoli, Nagpur, Maharashtra 440012, India

Latitude  
21.12825898°


Longitude  
79.0821164°

Local 07:56:00 AM  
GMT 02:26:00 AM

Altitude 310 meters  
Friday, 21.06.2024

Note : NSS Camp 2024 at Fetri  
Shivaji Science College, Nagpur



 **GPS Map**  
**Camera Lite**



43HJ+8WF, Humpyard Rd, Congress Nagar, Dhantoli, Nagpur, Maharashtra  
440012, India

Latitude  
**21.1282594°**

Local 07:58:23 AM  
GMT 02:28:23 AM

Longitude  
**79.08211643°**

Altitude 310 meters  
Friday, 21.06.2024

Note : NSS Camp 2024 at Fetri  
Shivaji Science College, Nagpur









**On the occasion of International Yoga Day 2022, Yoga Asana events were organised in the college premises in presence of Hon'ble Officiating Principal Prof. S. R. Pande Sir**