

**Shri Shivaji Education Society Amravati's  
Science College, Congress Nagar, Nagpur**

**Department of Microbiology**

**Session 2024-2025**

**Awareness Campaign  
On  
“Buttermilk: An Immune Booster”  
Date: 18/03/2025**

**Department of Microbiology and Biotechnology  
Science College, Nagpur**

**Organizes  
Awareness Campaign  
Buttermilk: An Immune Booster**

**Date: 18/03/2025  
Time: 11.30 am**

**Guest Lecture  
Dr. A. M. Deshmukh  
President, Microbiologist Society India**

**Dr. Pranita Gulhane**   **Dr. Omraj Deshmukh**   **Prof. Atul Bobdey**  
**Convener**   **Principal**   **Co-Ordinator**

**Organizing Committee**

Ms. Sanchari Sarkar	Ms. Nupur Deshmukh
Ms. Ankita Manapure	Ms. Anjali Pogade
Dr. Sapna Baghel	Ms. Payal Talekar
Ms. Manasi Borkar	Ms. Pallavi Butle
	Ms. Surabhi Bawankar

**Ms. Mayuri Bhad**  
**Ms. Priya Gaidhane**  
**Ms. Sarika Tekade**  
**Ms. Achala Waghmare**





Shri Shivaji Education Society Amravati's  
**Science College, Congress Nagar, Nagpur**

Date: 13/03/2025

**Notice**

All the students, teaching & non-teaching staff are informed that Microbiology & Biotechnology Department in collaboration with MBSI organizing the Awareness Campaign "Drink Buttermilk, Be Healthy". All are appeal to visit the Buttermilk stalls of various flavors prepared by our students to motivate them for the awareness campaign.

**Date** : 18/03/2025  
**Time** : 01:00 PM  
**Venue** : Microbiology Department



*Aspeshmutik*  
Principal  
Science College  
Congress Nagar, Nagpur

On March 18, 2025, the Department of Microbiology and Biotechnology hosted an impactful awareness campaign to highlight the immune-boosting properties of buttermilk. Aimed at educating students, faculty, and the local community, the campaign emphasized buttermilk's nutritional benefits, particularly its role in strengthening the immune system. In a time when natural immunity is critical, buttermilk was presented as an accessible, affordable, and effective solution for enhancing health.

With the increasing global focus on immune health, this campaign sought to empower individuals to incorporate buttermilk into their daily diets as a simple, natural, and potent tool for boosting immunity. By showcasing its scientifically-backed benefits, the event underscored that strengthening the immune system doesn't have to be complicated—sometimes the answer lies in traditional, everyday foods like buttermilk.

This awareness campaign was conducted under the chairmanship of Hon'ble Prof. Omraj Deshmukh sir, principal, science college, Nagpur, Coordinator-Respected Prof. Atul Bobdey and Convener- Dr. Pranita Gulhane. A total of 8 students comprising of 2 groups arranged stalls of buttermilk from UG Microbiology & Biotechnology.

**Action Taken:** A total of 123 students and staff members participated in the campaign, which aimed to promote buttermilk as a healthy and refreshing beverage while raising awareness about its immune-boosting properties and nutritional benefits. Through interactive sessions, taste tests, and informative presentations, the initiative successfully engaged the community and encouraged the consumption of buttermilk as part of a healthy lifestyle. The Buttermilk Promotion Campaign generated significant interest and sparked conversations about incorporating more natural, wholesome foods into daily diets. With continued efforts in marketing, consumer education, and product innovation, the campaign has set the stage for further growth and expansion of buttermilk's market presence, positioning it as a go-to choice for health-conscious individuals.









11:47



VoLTE

5G



81%

LIVE



Dr. O. S. Deshmukh



Arvind Deshmukh



Dr. Pranita Gulhane



mayuri bhad



Nupur Deshmukh



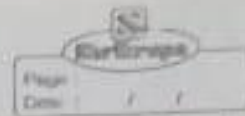
Sanchari sarkar



Priya iPhone



Sarika Tekade

19<sup>th</sup>

Name of Practitioner

	Name	Amount	Sign
1)	Principle Sir	10	
2)	Babde Sir	10	Chas
3)	Mayur Ghad	10	crashad
4)	payal talakur	10	talakur
5)	Dr. Sapna Baghel	10	Sapna Baghel
6)	Shivani Mohare	10	Shivani
7)	Dr. Pronta Gulhane	20	Gulhane
8)	Dr. P. B. Fandarkar	10	Fandarkar
9)	Aparna Talodi	10	Talodi
10)	Tamra Walke	10	Tamra
11)	MD. Fathima	10	Fathima
12)	Sarang Bhole	10	Bhole
13)	Shikha Gedam	10	Gedam
14)	Sampada Rajit	10	Rajit
15)	Sncha Gayakwad	10	Gayakwad
16)	Sanchani Sarkar	10	Sarkar
17)	Saniya Kedar	10	Kedar
18)	Yutika Zade	10	Zade
19)	Ms. Swathi Bannurkar	10	Swathi
20)	Mrs. Sumita A. Mulewar	10	Mulewar
21)	Mr. Achala V. Waghmare	10/-	Waghmare
22)	Pallavi Butte	10/-	Butte

Teacher's Signature

Name	Amount	Sign
23) Yashvi Wankhwar	10	<u>Yashvi</u>
24) Shalokshi Nitawar	10	<u>Nitawar</u>
25) Leena Meher	10	<u>Meher</u>
26) Akanksha Bisen	10	<u>Bisen</u>
27) Nupur Deshmukh	10	<u>Nupur</u>
28) Anjali Pagade	10	<u>Pagade</u>
29) Ashwini Bawale	10	<u>Bawale</u>
30) Arun Konde	50	<u>Arun</u>
31) Reshma Sonwalkar	10	<u>Reshma</u>
32) Vaishali Anare	10	<u>Anare</u>
33) Bhawana Gangra	10	<u>Bhawana</u>
34) Kanchan Bhawale	10	<u>Kanchan</u>
35) Pranali Choudhari	10	<u>Pranali</u>
36) Darshana Kokate	10	<u>Darshana</u>
37) Kirti Karmegh	10	<u>Kirti</u>
38) Vinod Raut	30	<u>Vinod</u>
39) Boblu		
40) Zalte		
41) Mahi Kaware	20	<u>Mahi</u>
42) Aditi Bhandarkar		



# BUTTERMILK

Page No.

Date

Sl. No	Name	No. of glass consumed	Sign
1	Dr. O.S. Seshmukh (Principal)	01	<u>Dr. Seshmukh</u>
2	Dr. A.D. Bobdey	01	<u>Dr. Bobdey</u>
3	Dr. Pranita Gulkar	01	<u>Dr. Pranita Gulkar</u>
4	Prati Jadhav	01	<u>Prati Jadhav</u>
5	Rachita Gulkar	01	<u>Rachita Gulkar</u>
6	Tomu Walke	01	<u>Tomu Walke</u>
7	Pritya Gaidhane	01	<u>Pritya Gaidhane</u>
8	Sanchari Sarkar	01	<u>Sanchari Sarkar</u>
9	Pallavi Butle	01	<u>Pallavi Butle</u>
10	Manasi Borkar	01	<u>Manasi Borkar</u>
11	Saika Tekade	01	<u>Saika Tekade</u>
12	Suvarshi Ramankar	01	<u>Suvarshi Ramankar</u>
13	Anjali Pogade	01	<u>Anjali Pogade</u>
14	Adarsh Waghmare	01	<u>Adarsh Waghmare</u>
15	Rubika Bunde	01	<u>Rubika Bunde</u>
16	Tanvi Choudhary	01	<u>Tanvi Choudhary</u>
17	Nidhi Timari	01	<u>Nidhi Timari</u>
18	Leena Meher	01	<u>Leena Meher</u>
19	Anuradha Khope	01	<u>Anuradha Khope</u>
20	Snehal Sahare	01	<u>Snehal Sahare</u>
21	Akanksha Tekade	01	<u>Akanksha Tekade</u>
22	Akanksha Bisen	01	<u>Akanksha Bisen</u>
23	Ishita Padgil	01	<u>Ishita Padgil</u>
24	Rugata Ramteke	1	<u>Rugata Ramteke</u>
25	Yashoda Wade	5	<u>Yashoda Wade</u>
26	Shruti Hase	1 + 2	<u>Shruti Hase</u>
27	Rupali Gotmare	1	<u>Rupali Gotmare</u>

# BUTTERMILK

31)	Sushang Y. Gujar	1	Sushang
32)	Mayuri Bhard	1	Mayuri
33)	Dr. Sapna Baghel	1	Dr. Baghel
34)	Aditya Alhore	1	Aditya
35	B. L. Patil	5 + 5	Patil
36	Sanjay Rathod	5 + 5	Rathod
37	Arvind Konde		
38	Vinod Raut		
39	Nitika R. Bayde		
40	Manisha G. Lihare	1	Manisha
41	Namrata Nagore	1	Namrata
42	Natik Kulk	1	Natik
43	Aditya Atkare	1	Aditya
44	Mahesh Pholke	1	Mahesh
45	Sandip Dantpuri	1	Sandip
46	Sarany Dhote	1	Sarany
47	A. D. Fulsadi	1	A. D. Fulsadi
48	Shilpa R. Gadam	1	Shilpa
49	Pushpa B. Zamanian	1	Pushpa
50	Yashoda Wade	1	Yashoda
51	Namrata Nagore	1	Namrata
52	OTASWINI Bhagat	1	OTASWINI
53	Dattasaj Gole	2	Dattasaj
54	Mahi Kawli	1	Mahi
55	Aditi P Bhandarkar	1	Aditi
56	Yash P. Mahalle	4	Yash
	Vaishali Pannare		Vaishali
58)	Dr. Shahin K. Sayyad	1	Dr. Shahin
59)	Dr. Sugandha Khargan	1	Dr. Sugandha
60)	Dr. Shilpa K. Katre	1	Dr. Shilpa





Free + 1+1

Page No.   
 Date

61	Pooja Mishra	1	<u>Pooja</u>
62	Anupama Mendhe	5	
63	Jash Guri	1	<u>Jash</u>
64	Sneha Shahar	1	
65	Mohini Koushik	1/2	<u>Mohini</u>
66	Tanvi Dharpure	1/2	<u>Tanvi</u>
67	Aobha Tupkar	1/2	<u>Aobha</u>
68	Sneha K. Shahar	1	<u>Sneha</u>
69	Dr. Saugandha R. Duf	1	<u>Dr. Saugandha</u>
70	Dr. Priyanka D. Virulkar	2	<u>Dr. Priyanka</u>
71	Dr. J. K. Keeche	2	<u>Dr. J. K.</u>
72	Mr. A. A. Bodke	1	<u>Mr. A. A.</u>
73	Mr. N. L. Shinde	1+1	<u>Mr. N. L.</u>
74	P. N. Doshmukhi	3	<u>P. N. Doshmukhi</u>
75	अमित निवृत्त		
76	Angali A. K. Dubey		<u>Angali</u>
77	R. H. Mahabade		<u>R. H.</u>
78	A. M. Katgaye		<u>A. M.</u>
79	S. S. Deshmukh	1	<u>S. S.</u>
80	Pranav Titamare	1	
81	Yogita Meshram		



18.03.2025  
Department of Microbiology  
Science College, Congress Nagar,  
NAGPUR.



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**FEEDBACK FORM**

Q.1) Rate the program

- a) Excellent
- b) Good
- c) Satisfactory

Q.2) Overall effectiveness of the lecture

- a) Excellent
- b) Good
- c) Satisfactory

Q.3) What is your opinion about the speaker?

- a) Excellent
- b) Good
- c) Satisfactory

Q.4) Did the campaign cover what you were expecting?

- a) Yes
- b) No

Q.5) Would you like to participate in such upcoming activities?

- a) Yes
- b) No

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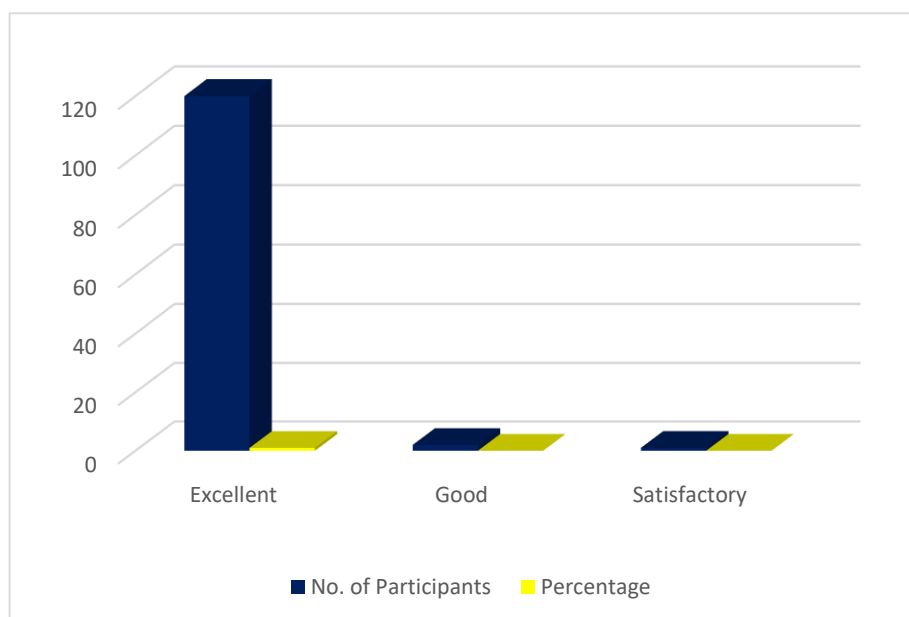
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**FEEDBACK RESPONSES**

Q.1) Rate the program

123 Responses



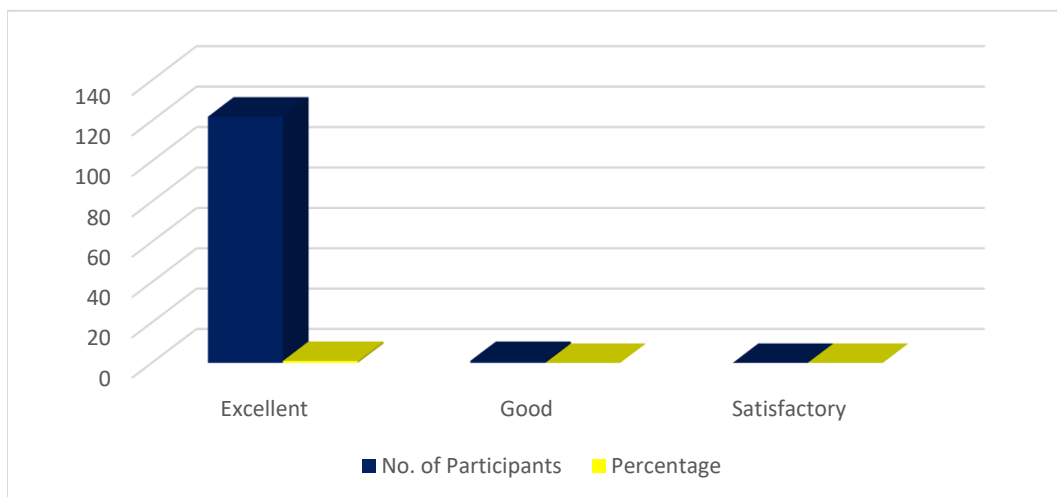
## Q.2) Overall effectiveness of the lecture

123 Responses



## Q.3) What is your opinion about the speaker?

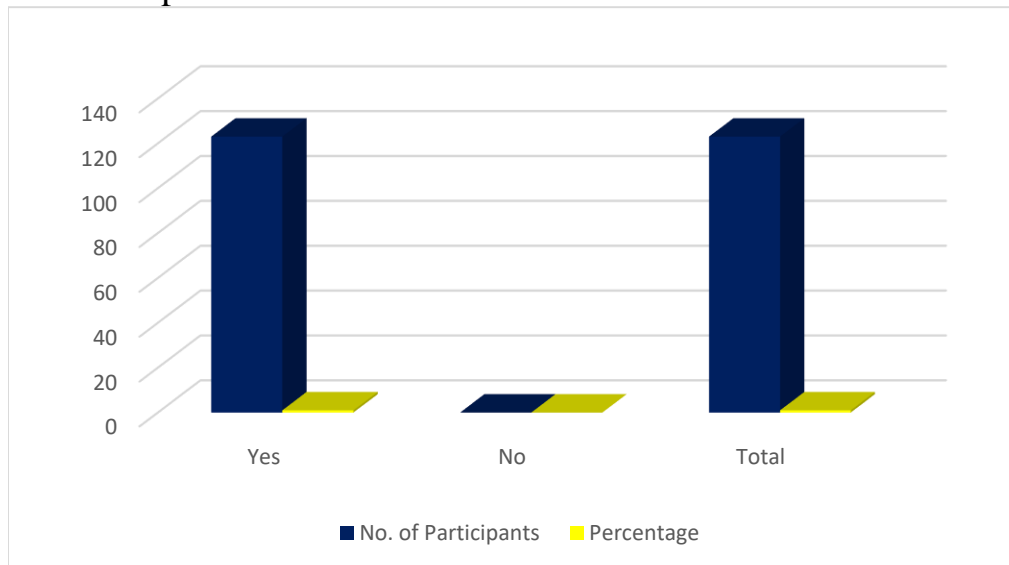
123 Responses





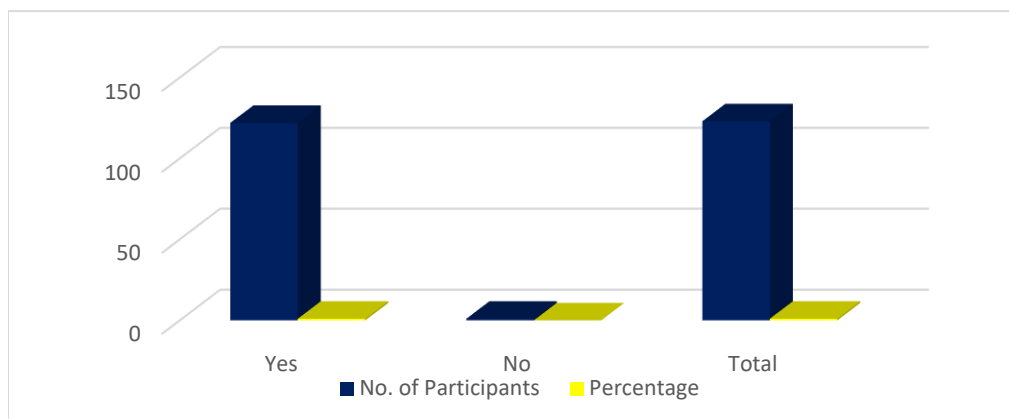
Q.4) Did the campaign cover what you were expecting?

123 Responses



Q.5) Would you like to participate in such upcoming activities?

123 Responses



Dr. Pranita Gulhane