

**Shri Shivaji Education Society Amravati's  
Science College, Congress Nagar, Nagpur**

**Department of Biotechnology**

**Session 2024-2025**

**Awareness Campaign  
On  
“Buttermilk: An Immune Booster”  
Date: 18/03/2025**



**Department of Microbiology and Biotechnology  
Science College, Nagpur**

**Organizes  
Awareness Campaign  
Buttermilk: An Immune Booster**

**Date: 18/03/2025  
Time: 11.30 am**

**Guest Lecture  
Dr. A. M. Deshmukh  
President, Microbiologist Society India**

**Dr. Pranita Gulhane  
Convener**

**Dr. Omraj Deshmukh  
Principal**

**Prof. Atul Bobdey  
Co-Ordinator**

**Organizing Committee**

Ms. Sanchari Sarkar  
Ms. Ankita Manapure  
Dr. Sapna Baghel  
Ms. Manasi Borkar

Ms. Nupur Deshmukh  
Ms. Anjali Pogade  
Ms. Payal Talekar  
Ms. Pallavi Butle  
Ms. Surabhi Bawankar

Ms. Mayuri Bhad  
Ms. Priya Gaidhane  
Ms. Sarika Tekade  
Ms. Achala Waghmare



Shri Shivaji Education Society Amravati's  
**Science College, Congress Nagar, Nagpur**

Date: 13/03/2025

**Notice**

All the students, teaching & non-teaching staff are informed that Microbiology & Biotechnology Department in collaboration with MBSI organizing the Awareness Campaign "Drink Buttermilk, Be Healthy". All are appeal to visit the Buttermilk stalls of various flavors prepared by our students to motivate them for the awareness campaign.

**Date** : 18/03/2025  
**Time** : 01:00 PM  
**Venue** : Microbiology Department



*Aspeshmutik*  
Principal  
Science College  
Congress Nagar, Nagpur

On March 18, 2025, the Department of Microbiology and Biotechnology hosted an impactful awareness campaign to highlight the immune-boosting properties of buttermilk. Aimed at educating students, faculty, and the local community, the campaign emphasized buttermilk's nutritional benefits, particularly its role in strengthening the immune system. In a time when natural immunity is critical, buttermilk was presented as an accessible, affordable, and effective solution for enhancing health.

With the increasing global focus on immune health, this campaign sought to empower individuals to incorporate buttermilk into their daily diets as a simple, natural, and potent tool for boosting immunity. By showcasing its scientifically-backed benefits, the event underscored that strengthening the immune system doesn't have to be complicated—sometimes the answer lies in traditional, everyday foods like buttermilk.

This awareness campaign was conducted under the chairmanship of Hon'ble Prof. Omraj Deshmukh sir, principal, science college, Nagpur, Coordinator-Respected Prof. Atul Bobdey and Convener- Dr. Pranita Gulhane. A total of 8 students comprising of 2 groups arranged stalls of buttermilk from UG Microbiology & Biotechnology.

**Action Taken:** A total of 123 students and staff members participated in the campaign, which aimed to promote buttermilk as a healthy and refreshing beverage while raising awareness about its immune-boosting properties and nutritional benefits. Through interactive sessions, taste tests, and informative presentations, the initiative successfully engaged the community and encouraged the consumption of buttermilk as part of a healthy lifestyle. The Buttermilk Promotion Campaign generated significant interest and sparked conversations about incorporating more natural, wholesome foods into daily diets. With continued efforts in marketing, consumer education, and product innovation, the campaign has set the stage for further growth and expansion of buttermilk's market presence, positioning it as a go-to choice for health-conscious individuals.









11:47



VoLTE

5G



R



81%

LIVE



Dr. O. S. Deshmukh



Arvind Deshmukh



Dr. Pranita Gulhane



mayuri bhad



Nupur Deshmukh




Sanchari sarkar



Priya iPhone



Sarika Tekade


 National Bureau of Standards  
 Gaithersburg, MD 20899

Name \_\_\_\_\_

Amount

Sign

- |     |                        |      |                 |
|-----|------------------------|------|-----------------|
| 1)  | Principle Sir          | 10   |                 |
| 2)  | Babde Sir              | 10   | Chas            |
| 3)  | Mayur Shah             | 10   | anshad          |
| 4)  | pagal talakur          | 10   | thakur          |
| 5)  | Dr. Sapna Baghel       | 10   | Sapna Baghel    |
| 6)  | Shivani Mohare         | 10   | Shivani         |
| 7)  | Dr. Pranita Gulhane    | 20   | Pranita Gulhane |
| 8)  | Dr. P. B. Fandarkar    | 10   | P. B. Fandarkar |
| 9)  | Aparna Talodi          | 10   | Aparna          |
| 10) | Tamra walke            | 10   | Tamra           |
| 11) | MD putke               | 10   | MD putke        |
| 12) | harang bhote           | 10   | Harang          |
| 13) | Shikha gedam           | 10   | Shikha          |
| 14) | Rampada Kapit          | 10   | Rampada         |
| 15) | Ancha gayakwad         | 10   | Ancha           |
| 16) | Sarabhai Sarkar        | 10   | Sarabhai        |
| 17) | Saniya Kedar           | 10   | Saniya          |
| 18) | Yutika Zade            | 10   | Yutika          |
| 19) | Ms. Sneha Bawankar     | 10   | Sneha           |
| 20) | Mrs. Sumita A. Mulewar | 10   | Sumita          |
| 21) | Mr. Achala V. Waghmare | 10/- | Achala          |
| 22) | Pallavi Butte          | 10/- | Pallavi         |

Teacher's Signature \_\_\_\_\_

Name	Amount	Sign
23) Yashvi Wankhwar	10	<u>Yashvi</u>
24) Shalokshi Nitawar	10	<u>Nitawar</u>
25) Leena Meher	10	<u>Leena</u>
26) Akanksha Bisen	10	<u>Bisen</u>
27) Nupur Deshmukh	10	<u>Nupur</u>
28) Anjali Pagade	10	<u>Anjali</u>
29) Ashika Bawale	10	<u>Ashika</u>
30) Arun Konde	50	<u>Arun</u>
31) Reshma Sonwalkar	10	<u>Reshma</u>
32) Vaishali Anare	10	<u>Vaishali</u>
33) Bhawana Gangra	10	<u>Bhawana</u>
34) Karanika Bhawale	10	<u>Karanika</u>
35) Pranali Choudhari	10	<u>Pranali</u>
36) Darshana Kokate	10	<u>Darshana</u>
37) Kirti Karmegh	10	<u>Kirti</u>
38) Vinod Raut	30	<u>Vinod</u>
39) Boblu		
40) Zalte		
41) Mahi Kawle	20	<u>Mahi</u>
42) Aditi Bhandarkar		



# BUTTERMILK

Page No.

Date

Sl. No	Name	No. of glass consumed	Sign
1	Dr. O.S. Seshmukh (Principal)	01	<u>Order</u>
2	Dr. A.D. Bobdey	01	<u>Order</u>
3	Dr. Pranita Gulkar	01	<u>Order</u>
4	Prati Jadhav	01	<u>Prati Jadhav</u>
5	Rachita Gulkar	01	<u>Order</u>
6	Tomu Walke	01	<u>Tomu</u>
7	Priya Gaidhane	01	<u>Priyadhar</u>
8	Sanchari Sarkar	01	<u>S. Sarkar</u>
9	Pallavi Butle	01	<u>P. Butle</u>
10	Manasi Borkar	01	<u>Man Borkar</u>
11	Saika Tekade	01	<u>S. Tekade</u>
12	Suvarshi Ramankar	01	<u>Suvarshi</u>
13	Anjali Pogade	01	<u>Pogade</u>
14	Adarsh Waghmare	01	<u>Adarsh</u>
15	Rubika Bunde	01	<u>Rubika</u>
16	Tanvi Choudhary	01	<u>Tanvi</u>
17	Nidhi Timari	01	<u>Nidhi</u>
18	Leena Meher	01	<u>Leena Meher</u>
19	Anuradha Khope	01	<u>Anuradha</u>
20	Snehal Sahare	01	<u>S. Sahare</u>
21	Akanksha Tekade	01	<u>Akanksha</u>
22	Akanksha Bisen	01	<u>Akanksha</u>
23	Ishita Padgil	01	<u>Ishita</u>
24	Rugata Ramteke	1	<u>Rugata</u>
25	Yashoda Wade	5	<u>Yashoda</u>
26	Shruti Hase	1 + 2	<u>A.A. Hase</u>
27	Rupali Gotmole	1	<u>Rupali</u>

# BUTTERMILK

31)	Sushant Y. Gajjar	1	Sushant
32)	Mayur Bhand	1	Mayur
33)	Dr. Sapna Baghel	1	Dr. Baghel
34)	Aditya Athre	1	Aditya
35)	B. L. Patil	5 + 5	Patil
36)	Sanjay Rathod	funny. Gaganay	Rathod
37)	Arvind Konde		
38)	Vinod Raut		
39)	Nitika R. Bayde		
40)	Manisha G. Lihare	1	Manisha
41)	Namrata Nagore	1	Namrata
42)	Natik Kulk	1	Natik
43)	Aditya Atkare	1	Aditya
44)	Mahesh Pholke	1	Mahesh
45)	Sandip Dantpuri	1	Sandip
46)	Satany Dhote	1	Satany
47)	A. D. Fulsadi	1	A. D. Fulsadi
48)	Shilpa R. Gadam	1	Shilpa
49)	Pushpa B. Zamanian	1	Pushpa
50)	Yashoda Wade	1	Yashoda
51)	Namrata Nagore	1	Namrata
52)	OTASWINI Bhagat	1	OTASWINI
53)	Dattasaj Gole	2	Dattasaj
54)	Mahi Kawli	1	Mahi
55)	Aditi P Bhandarkar	1	Aditi
56)	Yash P. Mathe	4	Yash
	Vaishali Pannare		Vaishali
58)	Dr. Shahin K. Sayyad	1	Dr. Shahin
59)	Dr. Sugandha Khargan	1	Dr. Sugandha
60)	Dr. Shilpa K. Katre	1	Dr. Shilpa





Free + 1+1

Page No.   
 Date

61	Pooja Mishra	1	<u>Pooja</u>
62	Anupama Mendhe	5	
63	Jash Guri	1	<u>Jash</u>
64	Sneha Shahar	1	
65	Mohini Koushik	1/2	<u>Mohini</u>
66	Tanvini Dharpure	1/2	<u>Tanvini</u>
67	Aobha Tupkar	1/2	<u>Aobha</u>
68	Sneha K. Shahar	1	<u>Sneha</u>
69	Dr. Saoung R. Duf	1	<u>Dr. Saoung</u>
70	Dr. Priyanka D. Virulkar	2	<u>Dr. Priyanka</u>
71	Dr. J. K. Keeche	2	<u>Dr. J. K.</u>
72	Mr. A. A. Bodke	1	<u>Mr. A. A.</u>
73	Mr. N. L. Shinde	1+1	<u>Mr. N. L.</u>
74	P. N. Doshmukh	3	<u>P. N. Doshmukh</u>
75	अमित निवृत्त		
76	Angali A. K. Dubey		<u>Angali</u>
77	R. H. Mahabade		<u>R. H.</u>
78	A. M. Katgaye		<u>A. M.</u>
79	S. S. Deshmukh	1	<u>S. S.</u>
80	Pranav Titamare	1	
81	Yogita Meshram		



18.03.2025  
Department of Microbiology  
Science College, Congress Nagar,  
NAGPUR.



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**FEEDBACK FORM**

Q.1) Rate the program

- a) Excellent
- b) Good
- c) Satisfactory

Q.2) Overall effectiveness of the lecture

- a) Excellent
- b) Good
- c) Satisfactory

Q.3) What is your opinion about the speaker?

- a) Excellent
- b) Good
- c) Satisfactory

Q.4) Did the campaign cover what you were expecting?

- a) Yes
- b) No

Q.5) Would you like to participate in such upcoming activities?

- a) Yes
- b) No

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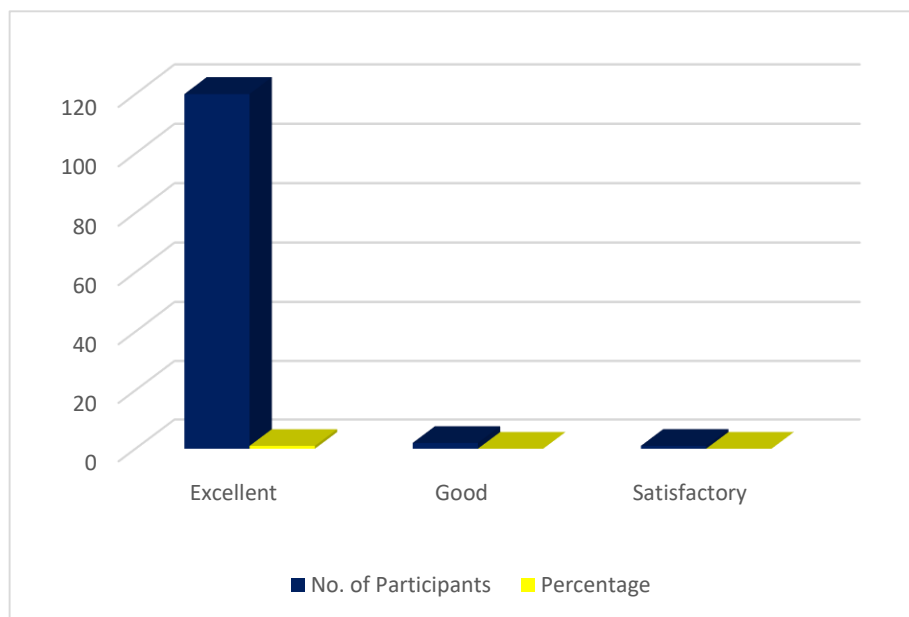
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**FEEDBACK RESPONSES**

Q.1) Rate the program

123 Responses



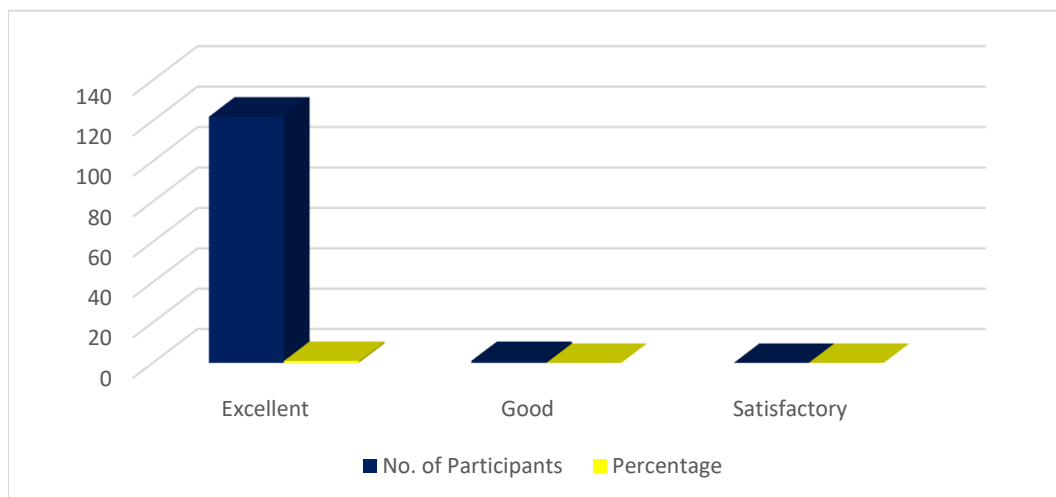
## Q.2) Overall effectiveness of the lecture

123 Responses



## Q.3) What is your opinion about the speaker?

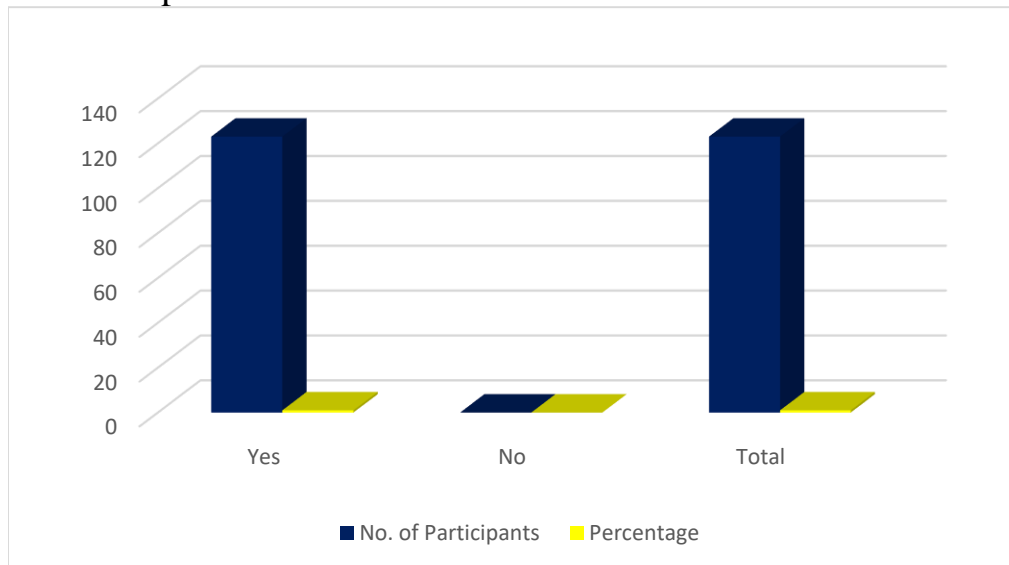
123 Responses





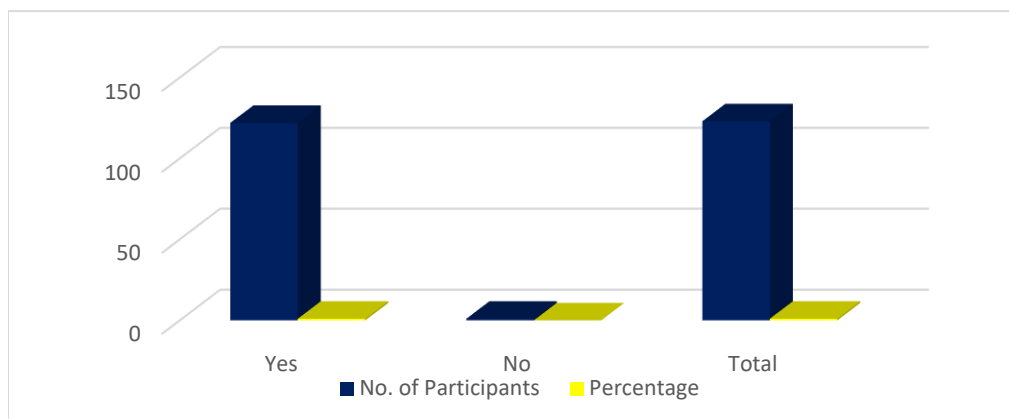
Q.4) Did the campaign cover what you were expecting?

123 Responses



Q.5) Would you like to participate in such upcoming activities?

123 Responses



*Pranita Gulhane*

Dr. Pranita Gulhane